



# A One Day National Webinar

on

"Mental Health & Quality of Life of Married Working Women in India." Organized

by

# Institute of Aeronautical Engineering

Dundigal, Hyderabad – 500 043, Telangana, India.

and

Sponsored by National Commission for Women.



21st December, 2020. (Monday) | 10:00 AM – 01:30 PM

Registration Link:

https://forms.gle/2qoppWVZ7m429xtB9





## ABOUT THE WEBINAR

This webinar will focus on The Mental Health & Quality of Life of Married Working Women in India .

#### THE MAIN OBJECTIVES OF THE WEBINAR IS TO

- 1. Understand Women's role in our Indian culture.
  - 2. Discuss the challenges that are being faced by married women in working environment.
  - Analyse the mental health condition of a married working women due to constant challenges of juggling work & personal life.
  - 4. Analyze how quality of life has been deproved due to imbalance in work and personal life.
- 5. Understand how dual burden on married working women negatively affects them.

#### WHO CAN PARTICIPATE?

All age group of working women and girl students are eligible to enrol in this programme to get awareness.





#### ABOUT THE COLLEGE

Institute of Aeronautical Engineering (IARE), Hyderahad was established in the year 2000 and is run by Maruthi Educational Society founded by a devoted group of eminent professional and industrialists having a long and outstanding experience in educational system with a mission 'Education for Liberation'. It is the first institute to start B.Tech program in Aeronautical Engineering in the state of Telangana and has gradually transformed itself into an integrated multi-disciplinary technological institute.

The institute is ranked 170 in Engineering category as per National Institutional Ranking Framework (NIRF) – 2020, Ministry of Human Resource Development (MHRD), Govt. of India. This illustrates positive performance and quality standards we maintain in Teaching, Research, Employability, and Innovation. It is the most preferred institute with 100% admissions in the state of Telaneana.

## ABOUT NATIONAL COMMISSION FOR WOMEN

The National Commission for Women (NCW) is the statutory body of the Government of India, generally concerned with advising the government on all policy matters affecting women. It was established in 31 January 1992 under the provisions of the Indian Constitution, as defined in the 1990 National Commission for Women Act.

The objective of the NCW is to represent the rights of women in India and to provide a voice for their issues and concerns.

The commission sponsor grants to institutions / organizations willing to undertake Research / Studies, Seminars / Conferences /workshops, Public Hearings, Legal Awareness Programmes and Parivarik Mahila Lok Adalais.





## RESOURCE PERSONS



Associate Professor,
Department of Mathematics
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Dundigal,
Hyderabad – 500 043.



Coordinator women R & D Center, Professor CIVIL department MARRI LAXMAN REDDY Institute of Technology and Management Dundigal, Hyderabad – 500 043, Telangana, India.



Dr. D. SUDEEPTHI
Associate Professor,
Department of English
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Mrs. SRAVANTHI KUNDURU

Women Cell Treasurer,
Associate Professor, department of Mechanical
MARRI LAXMAN REDDY
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Dundigal, Hyderabad – 500 043,



#### Dr. JITENDRA AHERKAR

Chairman National Child and Woman Development Council, Ic.Principal, B.L. Amlani College of Commerce & Economics, Mumbai





# PROGRAMME SCHEDULE

10:00 - 10:10am Welcome & Introductory Remarks by Dr. G. Manisha

10:10 - 10:50am Session I- Understand Women's role in our Indian culture by Dr. M. Anitha

10:50 - 11:30am Session II- Discuss the challenges that are being faced by married women in working

environment by Dr. Vajja Varalakshmi

II:30 – 12:10pm Session III- The mental health condition of a married working women due to constant challenges of juggling work & personal life by Dr. D. Sudeepthi

12:10 – 12:50pm Session IV- Analyze how quality of life has been improved due to imbalance in work & normal life by Mrs. Sravanthi Kunduru

12:50 – 01:30pm Session IV- Understand how dual burden on married working women negatively affects them by Dr. Jitendra Aherkar

01:30 - 01:35pm: Vote of Thanks



#### Note:

- · This Webinar is open to All.
- The Webinar link will be shared with the Registered Participants.
- · There is no Registration Fee for this Webinar.
- · E-Certificate shall be given to all the Participants.
- Last date for Registration is 19 th December, 2020, Till 05:00 PM.



Dr. L V Narasimha Prasad Principal, IARE



## Coordinator

Mrs. K. Laxminarayanamma Assistant Professor

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