

# INSTITUTE OF AERONAUTICAL ENGINEERING

(Autonomous)

Dundigal - 500 043, Hyderabad, Telangana

# **COURSE CONTENT**

PERSONALITY DEVELOPMENT THROUGH LIFE ENLIGHTENMENT SKILLS								
II Semester: AE, CSE, ES, EPS, STE								
Course Code	Category	Hours / Week			Credits	Maximum Marks		
BHSE09	Audit	L	Т	P	C	CIA	SEE	Total
		2	-	-	-	-	-	-
<b>Contact Classes: Nil</b>	Total Tutorials: Nil	<b>Total Practical Classes: Nil</b>				Total Classes: Nil		
Prerequisite: NIL								

### I. COURSE OVERVIEW:

In this course, students delve into various aspects of personal development and self-awareness. They learn techniques to improve self-confidence, self-esteem, and self-awareness, which are vital for thriving in their engineering careers. Students explore their strengths, weaknesses, values, and beliefs, enabling them to develop a clearer understanding of themselves and their goals.

## **II. COURSE OBJECTIVES:**

# The students will try to learn:

- I. How to achieve the highest goal happily.
- II. How a person become with stable mind, pleasing personality and determination.
- III. Awaken wisdom in students.

#### **III. COURSE OUTCOMES:**

# After successful completion of the course, students should be able to:

- CO 1 Summarize steps to develop personality with stable mind, pleasing manners and determination.
- CO 2 Identify day to day work and duties for developing peace and prosperity as depicted in Geeta.
- CO 3 Formulate the daily life style by depicting the verses from Bhagavatgeetha.
- CO 4 Outline the verses of Shrimad Bhagavad Geetha for holistic development.
- CO 5 Demonstrates personality development by verses of Bhagavatgeetha.

#### IV. COURSE CONTENT:

#### **MODULE – I: HOLISTIC DEVELOPMENT**

Neetisatakam-Holistic development of personality, Verses-19,20,21,22 (wisdom), Verses-29,31,32 (pride & heroism), Verses-26,28,63,65 (virtue), Verses-52,53,59 (dont's), Verses-71,73,75,78 (do's)

#### **MODULE - II: BHAGWAD GEETA**

Approach to day to day work and duties. Shrimad BhagwadGeeta: Chapter 2-Verses 41, 47,48. Chapter 3-Verses 13, 21, 27, 35.

# **MODULE – III: BHAGWAD GEETA**

Shrimad BhagwadGeeta: Chapter 6-Verses 5, 13, 17, 23, 35, Chapter 18-Verses 45, 46, 48.

## **MODULE – IV: BASIC KNOWLEDGE**

Statements of basic knowledge. Shrimad BhagwadGeeta: Chapter2-Verses 56, 62, 68. Chapter 12 -Verses 13, 14, 15, 16,17, 18

## **MODULE – V: ROLE MODEL**

Personality of Role model. Shrimad BhagwadGeeta: Chapter2-Verses 17, Chapter 3-Verses 36,37,42, Chapter 4-Verses 18, 38,39. Chapter18 – Verses 37,38,63

## V. TEXT BOOKS:

1. P.Gopinath, "Bhartrihari's Three Satakam (Niti-sringar-vairagya)", Rashtriya Sanskrit Sansthanam, New Delhi.

# VI. REFERENCE BOOKS:

1. Swami Swarupananda, "Srimad Bhagavad Gita", Advaita Ashram (Publication Department), Kolkata.

#### VII. WEB REFERENCES:

1. http://openlearningworld.com/section personality development.html

# **VIII. E-TEXT BOOKS:**

1. http://persmin.gov.in/otraining/UNDPProject/undp UNITs/Personality%20Dev%20N%20DLM.pdf