

## PERSONALITY DEVELOPMENT THROUGH LIFE ENLIGHTENMENT SKILLS

Course Code	Category	Hours / Week			Credits	Maximum Marks		
		L	T	P	C	CIA	SEE	Total
BHSC08	Audit	2	-	-	0	30	70	100
		<b>Contact Classes: 24</b>		<b>Tutorial Classes: Nil</b>		<b>Practical Classes: Nil</b>		<b>Total Classes: 24</b>

### I. COURSE OVERVIEW:

In this course, students delve into various aspects of personal development and self-awareness. They learn techniques to improve self-confidence, self-esteem, and self-awareness, which are vital for thriving in their engineering careers. Students explore their strengths, weaknesses, values, and beliefs, enabling them to develop a clearer understanding of themselves and their goals.

### II. COURSE OBJECTIVES:

#### The students will try to learn:

- I. How to achieve the highest goal happily.
- II. How a person become with stable mind, pleasing personality and determination.
- III. Awaken wisdom in students.

### III. COURSE OUTCOMES:

After successful completion of the course, students should be able to:

CO 1	Summarize steps to develop personality with stable mind, pleasing manners and determination.	Understand
CO 2	Identify day to day work and duties for developing peace and prosperity as depicted in Geeta.	Analyze
CO 3	Formulate the daily life style by depicting the verses from Bhagavatgeetha.	Analyze
CO 4	Outline the verses of Shrimad Bhagavad Geetha for holistic development.	Create
CO 5	Demonstrates personality development by verses of Bhagavatgeetha.	Create

### IV. SYLLUBUS:

#### MODULE – I: HOLISTIC DEVELOPMENT (08)

Neetisatakam-Holistic development of personality, Verses- 19,20,21,22 (wisdom), Verses- 29,31,32 (pride & heroism), Verses- 26,28,63,65 (virtue),Verses- 52,53,59 (dont's),Verses- 71,73,75,78 (do's)

#### MODULE – II: BHAGWAD GEETA (04)

Approach to day to day work and duties. Shrimad BhagwadGeeta: Chapter 2-Verses 41, 47,48. Chapter 3- Verses 13, 21, 27, 35.

#### MODULE – III: BHAGWAD GEETA (04)

Shrimad BhagwadGeeta: Chapter 6-Verses 5, 13, 17, 23, 35, Chapter 18-Verses 45, 46, 48.

#### MODULE – IV: BASIC KNOWLEDGE (04)

Statements of basic knowledge. Shrimad BhagwadGeeta: Chapter2-Verses 56, 62, 68. Chapter 12 - Verses 13, 14, 15, 16,17, 18

#### MODULE – V: ROLE MODEL (04)

Personality of Role model. Shrimad BhagwadGeeta: Chapter2-Verses 17, Chapter 3-Verses 36,37,42,

Chapter 4-Verses 18, 38,39. Chapter18 – Verses 37,38,63

**V. TEXT BOOKS:**

1. P.Gopinath, “Bhartrihari’s Three Satakam (Niti-sringar-vairagya)”, Rashtriya Sanskrit Sansthanam, New Delhi.

**VI. REFERENCE BOOKS:**

1. Swami Swarupananda, “Srimad Bhagavad Gita”, Advaita Ashram (Publication Department), Kolkata.

**VII. WEB REFERENCES:**

1. [http://openlearningworld.com/section\\_personality\\_development.html](http://openlearningworld.com/section_personality_development.html)

**VIII. E-TEXT BOOKS:**

1. [http://persmin.gov.in/otraining/UNDPProject/undp\\_UNITS/Personality%20Dev%20N%20DLM.pdf](http://persmin.gov.in/otraining/UNDPProject/undp_UNITS/Personality%20Dev%20N%20DLM.pdf)